

## "We are offering our Vegan Chef Challenge Menu during regular business hours"





## Chickpea Salad Sandwich • \$10

Chickpea Salad sandwich on toasted 9 grain bread topped with lettuce, tomato, grilled onions.

## Veggie Fork it Roll • Half \$8 Whole \$16

Sauteed Bell Peppers, Mushrooms, Onions, Calabacitas, Seasoned Black Beans, Forks it Sauce.

## Mediterranean Chickpea Salad • \$4

Chickpeas, Tomatoes, cucumbers, Red onions, bell pepper, with an Herb Lemon Dressing







Wilmington VeganChefChallenge.org/Wilmington