

GLUTEN-FREE, DAIRY-FREE, & NUT-FREE KOSHER PAREVE A



We are offering our Vegan Chef Challenge Menu during regular business hours. We specialize in frozen prepared and baked goods, for convenient heating at home. Most items are vegan and our kitchen is dedicated gluten-free, dairy-free, nut-free, and many products are free of the top-9 allergens. We're excited to add even more items this month to our growing menu of vegan options.



Shepherd's Pie • \$22 (frozen, serves 3-4).

With our own plant-based-meat filling because we wanted something healthier than commercially available substitutes. Using old fashioned cooking techniques and exciting new ingredients (like fermented pea and rice protein from MycoTech, Zero Acre's oil, and Crop Project's kelp powder) to create something delicious, wholesome, and environmentally friendly.



Made local tofu and organic brown rice noodles.



Pumpkin Bread • \$6

A new vegan variation of our popular mini pumpkin loaves. Sold frozen, thaws quickly on the counter.



Strawberry Rhubarb Pie • \$12

Made with in-season rhubarb from local farms. 6" pie. Sold frozen, thaws quickly on the counter.





