



🌿 VEGAN 🌿

Crispy Brussels Sprouts — 10

A Bistro favorite! Flash fried and topped with a drizzle of balsamic vinegar reduction (gf)

Lentil Salad — 12

Shaved kale with brown lentils, marinated fennel, red onions, carrots and roasted beets with balsamic vinaigrette (gf)

Spring Medley — 12

Healthy and delicious! Marinated fennel, peas, carrots and broccoli with lemon and capers over lentils (gf)

Red Bean Veggie Burger — 10

Enjoy on a kaiser roll with lettuce, tomato or add to any entrée or house salad!

Vegan Panini — 10

With roasted mushrooms, marinated fennel, avocado, kale and sundried tomato pesto on sourdough

Vegan Beet Bowl — 12

With kale, tofu, roasted mushrooms, avocado, pumpkin seeds, red onions and sundried tomato pesto (gf)



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Knoxville

VeganChefChallenge.org/Knoxville