

POKE BOWL

BUILD YOUR OWN \$14. 99 (VEGAN)

Protein: BEYOND Steak, Tofu, Extra Avocado

Veggie: Avocado, Carrot, Cucumber, Lettuce, Mango, Pineapple, Seaweed Salad, Tiny Tomato, Radish, Edamame, Green Onion, Purple Onion, Cilantro, Jalapeno

Sauce: Ginger, Vegan Mayo, Vegan Spicy Mayo, Poke, Sesame, Sweet&Sour, Hot

Topping: Raisin, Almond, Pumpkin Seed, Sunflower seed, Walnut, Peanut, Dry seaweed, sesame

Seaweed Taco

BEYOND Taco

\$6.99

Taco shell made with Seaweed with tempura to top fried in veggie oil.
Bottom with seasoned rice, added Lettuce and Avocado, Mango, BEYOND Steak, topping with Spicy Mayo(Vegan), and sesame sprinkle on top

TOFU Taco

\$5.99

Taco shell made with Seaweed with tempura to top fried in veggie oil.
Bottom with seasoned rice, added Lettuce and Avocado, Mango, fried tofu, topping with Sweet& sour and sesame sprinkle on top

Vegan EFeb SPECIAL





Rockford VeganChefChallenge.org/Rockford





POKE GREEN

RESTAURANT

POKE BOWL

VEGGIE LOVER

\$12.99

Freshly prepared Lettuce, Seaweed Salad, Extra Avocado, Radish, Cucumber, Carrots, Purple Onion, Green Top, and Edamame Topping with Mayo(Vegan), Poke, and Ginger Sauce.

Walnut, pumpkin seeds, and dry seaweed sprinkle on top

SUNSHINE

\$12.99

Freshly prepared Lettuce, Seaweed Salad, Extra Avocado, Mango, Pineapple, Cucumber, Carrots, , and Edamame Topping with Spicy Mayo(Vegan), Poke, and Sesame Sauce Raisin, Peanuts, Pumpkin Seeds and dry seaweed sprinkle on top

BEYOND GOOD

Freshly prepared Beyond Steak, add Avocado, Radish, Seaweed Salad, Carrots, Purple Onion, Lettuce, and Edamame Topping with Spicy Mayo(Vegan), Poke, Ginger and Sesame Sauce. Sesame sprinkle on top

TOFU TOFU

\$10.99

\$16.99

Fried(veggie oil)Tofu, add Seaweed Salad, Avocado, Radish, Cucumber, Carrots, Mango,, and Edamame Topping with Sweet Sour, Poke, and Ginger Sauce.

Peanut sprinkle on top

